

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Neighborhood House

Goal: To expand pregnancy and parenting support services for adolescent women

For the period: April-June 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide direction, support, and guidance to grant funded staff; provide representation at required grantee meetings; Provide on-going reports as required; maintain data entry, data collection, and evaluation; work with staff to ensure expenses are within budget allowances		Staff worked on revising 2015-2016 budget, program and evaluation work plan for approval. In addition, staff also worked with program evaluator on submission of 2014-2015 evaluation report. In partnership with other staff, Program Director was able to secure funding from United Way to enhance parent education and early childhood education services. Through the Families Thrive model, Baby Talks program will be shifting through the model to better provide a continuum of care and services for parents and child. Through this transition Baby Talks will no longer be managed by Cindi Yang. She will work with the Program Manager-Amanda Williams and Program Director-Kara Schommer on a transition plan that will take place by the next report due.	
Outreach/ Hmong	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		Outreach efforts were made at all Saint Paul Public High schools, Health Start Clinics and WIC locations. A referral form, informative pamphlets and an offer to provide an informative seminar regarding Baby Talks services were offered at all locations stated above. Outreach continues through word of mouth and through other youth programs at Neighborhood House.	
Outreach/ Latino	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		Outreach done through on-going participant word of mouth. Also outreach was done during home visits to try and get the teen mothers who are only doing case management to join weekly baby talks group at Neighborhood House.	

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Car Seat Program/ Hmong	Provide car seat education to all program participants	9	Car seat education was provided through 1:1 case management, during home visits and postpartum hospital visits. Car seat education was also provided in group at Harding High School and Neighborhood House support groups.	P:9
Car Seat Program/ Latino	Provide car seat education to all program participants		Car seat education was discussed with participants during individual home visits.	P:5
Case Management Services/ Hmong	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up; provide off-site visits, if needed	21	Case management services were provided in-home, in-school and onsite at both Neighborhood House and Harding High School. Case management involved providing participants with resources involving MNSure, child support, child abuse/maltreatment, how to navigate health insurance, how to set up doctor's appointments and concerns regarding sick children. Information regarding job search, interviewing skills and how to dress professionally were also provided.	P:9/C:62
Case Management Services/ Latino	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up; provide off-site visits, if needed		Case Management was provided with topics including car seat safety, nutrition, abuse, employment resume building and job search, health care, education, information on in house programs offered at Neighborhood House and help filling out paper work for insurance or county related papers. Accompanied a participant to get birth control. Mostly every case management participant had an updated or new needs assessment done during a home visit and they completed the nutrition post test.	P:14 /C:36
Crib Distribution/ Sleep Safety Education: Hmong	Provide crib and safe sleep education to all program participants	9	Crib safety education was provided through 1:1 case management, during home visits and postpartum hospital visits. Crib safety was also provided during support group at Neighborhood House.	P:9

Crib Distribution/ Sleep Safety Education: Latino	Provide crib and safe sleep education to all program participants	Crib and Sleep safety education was not provided this quarter.	P:0
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Life-Skills Education Program/ Hmong	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Life-skills education was provided through 1:1 case management, home visits, and weekly support groups held at Neighborhood House and Harding High school. Educational topics included nutrition, exercise, brain development, puberty, interviewing skills, resume building, cover letter writing, college planning, family planning, and healthy relationships.	P:10/C:89
Life-Skills Education Program/ Latino	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Life skills education was covered this quarter through weekly group and home visits. Some topics covered were help with MN Sure, help with filling out county documents, information on child care and how to apply, birth control information. Abuse and how to report it. Update on how nutrition education has been helpful. Talk about education and higher education goals. Talk about the 5 de Mayo and why we celebrate and have activities to celebrate. Also nutrition was covered as a life skill.	P:15/C:36
Nutrition/ Hmong	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment	9	Participants reviewed healthy recipes and read nutrition labels. Participants practiced cooking healthy meals during weekly group meetings. Participants took the pre and post test for nutrition.	P:9/C:29
Nutrition/ Latino	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment		Participants are offered nutrition education as least 2 times every quarter this includes either following up on something we had previously talked about or learning something new. This quarter nutrition post assessments were completed for mostly every participant in the program. Participants were asked what they had learned about nutrition since taking the pre test.	P:16/C:27

Parenting Education/Hmong	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Parenting education was provided through 1:1 case management, home visits, and weekly support groups held at Neighborhood House and Harding High school. Educational topics included fetal alcohol syndrome, child abuse, nutrition, brain development, discipline, SIDS, shaken baby syndrome, car seat and crib safety, family planning and skills to deescalating tantrums or night terrors. Educational topics discussed were all discussed in the context of Hmong and American culture.	P:10/C:88
Parenting Education/Latino	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Parenting education was covered this quarter through group and/or home visits. Topics covered this quarter were childcare and how to pick the best one for your family and needs, about the new KIPS assessment TPE will be doing and ways to help your child be ready for school. Child abuse prevention information and how to report it and how to help someone being abused, child development and what to expect. The good and the bad about you baby growing up.	P:15/C:16
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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	3	Two clients were referred from Harding High school. Clients are not motivated to continue with case management services at this time.	P:2
Transportation	Provide transportation services to participants to enable participation in program activities	9	Transportation was provided to and from group this quarter.	P:6

Maternal and Child Health Initiative Task Force Strategies				No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>				0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>				14
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>				11
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>				6

<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	9

Challenges: Hmong: No challenges noted at this time. **LATINO:** The challenge for TPE Latino has been getting group up and running again after returning from maternity leave. Some participants returned but attendance was not great and a lot of participants were not interested in returning or had jobs or other things going on. Also a lot of participants are become not eligible for the program since they are turning 25 or have kids that have recently turned 1. For this reason summer and the beginning of September will be focused on doing a lot of outreach. A lot more recruiting has to be done so that the fall session has a greater number of participants. There are 2 big Latino events coming up one in August and one in September this will be a great place to do outreach and TPE is going to attend and have a table with information there as well as be walking around and talking to teen mothers.

Comments: Hmong: Group members consistently attend support group and seek out individual case management. It is anticipated that participation will decrease over the summer months due to family obligations. Teen Parent Educator will continue to build professional relationships with clinics and WIC offices throughout the metro. **LATINO:** This quarter Neighborhood House celebrated the Youth Awards and some participants in Baby Talks were nominated and received awards for commitment and Leadership. Also one participant was recognized for graduating High School.